

Hurricane & Flood Disaster Resources for Children and Teens

<https://www.ready.gov/kids/helping-children-cope>

<https://www.acf.hhs.gov/ohsepr/disaster-human-services/children-and-youth/children-and-families>

<https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/flood-resources>

<https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/hurricane-resources>

<https://www.211.org/get-help/mental-health> (24/7 emotional support via phone, text, or messaging for children, teens, and adults)

<https://www.samhsa.gov/find-help/disaster-distress-helpline> (24/7 emotional support via phone, text, or messaging for children, teens, and adults)

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