

S.T.A.R. Questions

Are there any safety concerns/behaviors to be aware of?

- Hurts/harms self (comment) Hurts/harms other (comment) Throws objects Biting
- Grabbing Head butting Kicking Pinching Pulling hair Swatting Scratching
- Elopement

How does the patient communicate best?

- a. Verbal
 - Making sounds Single word utterance Short phrases Echolalia (repeats others)
 - Conversational Other (comment)

- b. Non-Verbal
 - American Sign Language (ASL) Tablet/Assistive communication device
 - Typed/Written words Pictures/Symbols Facial Expressions
 - Physical Motion (rocking, flapping, squeezing hands, etc.) Pointing/Gesturing
 - Guiding/Leading by the hand

- c. Unknown (free text comment)

What experiences may be upsetting to the patient?

- N/A
- Loud or unexpected noises Bright lights Touch to a specific part of body (free text) Specific words or phrases (free text) Unfamiliar people Waiting areas/waiting
- Family/Caregiver Departure Crowded or full rooms/ too many people in personal space Smells
- Food aversions Sound of crying babies Pain Textures/Fabrics Denying patient's requests
- Changes in routine Transitions NPO status Movement restriction Boredom Lack of attention Other (comment)

What procedures or healthcare experiences may be upsetting to the patient?

- Prolonged, lengthy visits Anesthesia or oxygen mask Stethoscope Blood Pressure Cuff
- Venipunctures/Needles Tourniquet Tape/Adhesive Exams to specific body parts (free text)
- Lying down Other (comment)

Best ways to calm the patient?

- Walking or exploring environment Decrease stimulation/number of people in the room
- Teether/Chewable item Low lighting/sunglasses Light up toys Headphones to decrease noise
- Soothing music Heavy mat/blanket Videos/movie Vibration toys Aromatherapy scents
- Comfort item (free text) Counting Talking Limited talking Showers Deep breathing
- Pressure Preferred caregiver Food Book/tablet Other (comment)